

# today's menu



## WEEK ONE Monday

Beef burger in a bun

Plant based burger in a bun

Oven baked potato wedges

Garden peas

Sweetcorn

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Lemon drizzle shortbread

served with milk

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
matters

Menu items subject to change

# today's menu



## WEEK ONE Tuesday

Chicken and tomato pasta bake

Cauliflower cheese served in  
a Yorkshire pudding

New potatoes  
Green beans  
Salad

A selection of sandwiches with choice of fillings  
Selection of homemade salads from the salad bar

Chocolate orange muffin

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
matters

Menu items subject to change

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## WEEK ONE Wednesday

Cheese and tomato pizza

Meat free sausages

Potato croquettes

Broccoli

Carrots

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Fruit jelly

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
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Menu items subject to change



# today's menu



## WEEK ONE Thursday

Roast pork with Yorkshire pudding

Vegetable curry with brown Rice

Roast potatoes  
Crushed swede  
Green beans  
Gravy

A selection of sandwiches with choice of fillings  
Selection of homemade salads from the salad bar

Pancakes served with toffee sauce  
and sliced banana

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
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WEEK ONE Friday

Fish fingers

Quorn fishless fingers

Chips

Mushy peas

Baked beans

A selection of sandwiches with choice of fillings  
Selection of homemade salads from the salad bar

Marbled sponge served  
and custard

Fresh fruit selection available daily



North  
Tyneside  
Council

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## WEEK TWO Monday

Pork sausages

Quorn sausages

Creamed potato

Carrots

Garden Peas

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Shortbread biscuit served with milk

Fresh fruit selection available daily



North  
Tyneside  
Council

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## WEEK TWO Tuesday

BBQ chicken sub

BBQ meatless sub

Oven baked potato wedges

Mixed salad

Coleslaw

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Fruity flapjack

Fresh fruit selection available daily



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## WEEK TWO Wednesday

Pasta bolognese

macaroni cheese

Wholewheat pasta

Sweetcorn

Broccoli

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Chocolate swirl cookie

served with milk

Fresh fruit selection available daily



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Tyneside  
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## WEEK TWO Thursday

Roast turkey with Yorkshire pudding

Cheese and tomato pizza

Roast potatoes

Crushed swede

Green beans

Salad

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Ice cream sponge served  
with raspberry sauce

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
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WEEK TWO Friday

Fish fingers

Vegetable fingers

Chips

Mushy peas

Baked beans

A selection of sandwiches with choice of fillings  
Selection of homemade salads from the salad bar

Syrup sponge  
served with custard and peaches

Fresh fruit selection available daily



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## WEEK THREE Monday

Sweet chilli chicken wrap

Wholewheat macaroni cheese

Potato croquettes

Mixed salad

Coleslaw

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Shortbread biscuit served with milk

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
matters

Menu items subject to change

# today's menu



## WEEK THREE Tuesday

Beef burger in a bun

Plant based burger in a bun

Oven baked potato wedges

Garden peas

Carrots

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Raspberry muffin

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
matters

Menu items subject to change



# today's menu



## WEEK THREE Wednesday

Chicken curry

Cheese and tomato pizza

Brown rice

Broccoli

Sweetcorn

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Ice cream sponge served with  
raspberry sauce

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
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## WEEK THREE Thursday

Roast pork with Yorkshire pudding

Jacket potato served with cheese  
or baked beans

Roast potatoes  
Crushed swede  
Green beans

A selection of sandwiches with choice of fillings  
Selection of homemade salads from the salad bar

Fruity flapjack

Fresh fruit selection available daily



North  
Tyneside  
Council

FRESH food  
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## WEEK THREE Friday

Fish fingers or salmon fingers

Quorn fishless fingers

Chips

Mushy peas

Baked beans

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Orange sponge served  
with custard

Fresh fruit selection available daily



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Tyneside  
Council

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## WEEK FOUR Monday

BBQ chicken sub

Jacket potato with cheese or baked beans

Oven baked potato wedges

Mixed salad

Baked beans

Coleslaw

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Oaty crunch biscuit served with milk

Fresh fruit selection available daily



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## WEEK FOUR Tuesday

Tex Mex enchilada

Cheese and tomato pizza

Potato croquettes

Sweetcorn

Broccoli

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Pancakes served with toffee sauce  
and sliced banana

Fresh fruit selection available daily



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## WEEK FOUR Wednesday

Pork sausages

Veggie sausages

Mashed potato

Carrots

Garden peas

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Chocolate brownie

Fresh fruit selection available daily



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## WEEK FOUR Thursday

Roast turkey with Yorkshire Pudding

Wholemeal pasta in a tomato sauce

Roast potatoes

Crushed swede

Green beans

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Ice cream sponge served with  
raspberry sauce

Fresh fruit selection available daily



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WEEK FOUR Friday

Fish fingers

Vegetable fingers

Chips

Mushy peas

Baked beans

A selection of sandwiches with choice of fillings

Selection of homemade salads from the salad bar

Lemon drizzle sponge served with  
custard and mandarin oranges

Fresh fruit selection available daily



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