

# this week's menu



## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Pork meatballs & spaghetti served with a tomato & sweet pepper sauce	Sweet chilli chicken wrap served with corn on the cob	Savoury minced beef & onion pie served with creamed potatoes	Roast turkey & Yorkshire pudding served with roast potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Homemade bean & vegetable bake served with oven baked potato wedges	Pizza margherita served with mixed salad	Macaroni cheese	Lentil & sweet potato curry served with brown rice	Pasta served in a homemade tomato sauce
All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings All served with a selection of homemade salads from the salad bar				
SWEET CHOICE	Chocolate & beetroot cake served with chocolate sauce	St Clements cake served with custard	Fruit jelly & ice cream served with peaches	Pancakes served with toffee sauce & sliced banana	Homemade marbled sponge served with custard
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

**FRESH** food  
**matters**

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

[www.northtyneside.gov.uk](http://www.northtyneside.gov.uk)



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## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Homemade chicken curry served with brown rice	Beef grill served with oven baked potato wedges	Pasta bolognese	Roast chicken & Yorkshire pudding served with creamed potatoes	Oven baked fish fingers served with chipped potatoes
MEAT FREE CHOICE	Vegetable fingers served with oven baked potato wedges	Homemade roasted vegetable quiche served with roast potatoes	Pizza margherita served with mixed salad	Chickpea & vegetable curry served with brown rice	Homemade lentil fritters served with chipped potatoes
DAILY	All served with seasonal vegetables and selection of salads from the salad bar				
	A selection of sandwiches and oven baked jacket potatoes with choice of fillings All served with a selection of homemade salads from the salad bar				
SWEET CHOICE	Lemon drizzle sponge served with custard	Homemade chocolate brownie served with chilled milk	Very berry sponge served with custard	Ice cream sponge served with raspberry sauce & peaches	Oaty crunch biscuit served with chilled milk
	Fresh fruit salad and yoghurt is available daily				



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## WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Minced beef & dumplings served with creamed potatoes	Salmon pasta bake	Beef burger in a bun served with oven baked potato wedges	Roast pork & Yorkshire pudding served with roast potatoes	Oven baked battered fish served with chipped potatoes
MEAT FREE CHOICE	Spinach & ricotta tortellini in a homemade tomato sauce	Pizza margherita served with mixed salad	Homemade vegetable lasagne	Mixed bean chilli served with brown rice	Vegetable burger served with chipped potatoes
DAILY	All served with seasonal vegetables and selection of salads from the salad bar				
	A selection of sandwiches and oven baked jacket potatoes with choice of fillings All served with a selection of homemade salads from the salad bar				
SWEET CHOICE	Apple crumble served with vanilla ice cream	Chocolate orange muffin served with chilled milk	Jam & coconut sponge served with custard	Raspberry shortbread served with chilled milk	Homemade gingersnap biscuit served with chilled milk
	Fresh fruit salad and yoghurt is available daily				



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