



Physical Education at NHFS

The national curriculum for physical education aims to ensure that all pupils: develop competence to excel in a broad range of physical activities; are physically active for sustained periods of time; engage in competitive sports and activities and lead healthy, active lives. PE at New Hartley First School strives to promote sport and PE as a medium to inspire an active healthy generation. We aim to encourage healthy competitive spirit whilst maintaining core sporting values of respect, fair play, honesty and cooperation and collaboration. By providing a varied opportunity for a range of sports, we support children in their physical, emotional, spiritual, cognitive and moral development. We aim to promote healthy lifestyle choices that children will take beyond their time at New Hartley.



	Autumn	Spring	Summer
Year 1	NUFC multi-skills/Dance	NUFC multi-skills/Gymnastics	NUFC multi-skills/Athletics
Year 2	NUFC multi-skills/Dance	NUFC multi-skills/Gymnastics	NUFC multi-skills/Athletics
Year 3	NUFC multi-skills/Dance	NUFC multi-skills/Gymnastics	NUFC multi-skills/Athletics
Year 4	NUFC multi-skills/Dance	NUFC multi-skills/Gymnastics	NUFC multi-skills/Athletics